



FND
WHAT NOW

NPC Registration No: 2024/319828/08

Support Awareness Connection



Support

Creating opportunities for people with FND to connect, share and support one another through online support groups and accessible social media content that connects the global FND community.



Awareness & Advocacy

Making FND information more accessible and meaningful while promoting greater understanding of the patient experience.



Connection

Building bridges between people, professionals and communities, while encouraging people to explore life beyond the limitations of their diagnosis.



Who We Are

FND – What Now? NPC is a South African patient-led organisation dedicated to supporting people living with Functional Neurological Disorder (FND), while creating greater understanding of the lived experience of FND.

We recognise that a diagnosis is only one part of the journey. People may continue to need connection, information, practical support and a safe space to explore what living with FND means for them. Lived experience is at the heart of what we do.



Connect Today!
+27 76 291 3442

Cape Town
South Africa



www.fndwhatnow.com



fndwhatnow@gmail.com





FND
WHAT NOW

NPC Registration No: 2024/319828/08

WHAT WE OFFER



PEER SUPPORT

Online support groups and facilitated conversations that create opportunities for connection, reflection and shared experience.

PRESENTATIONS

Talks and presentations exploring the lived experience of FND, patient perspectives and the importance of support beyond diagnosis.

WORKSHOPS

Interactive sessions exploring themes such as validation, communication, identity, support, hope, possibility and navigating life with FND.

RESOURCES

Patient-centred resources designed to complement clinical knowledge and provide insight into the realities of living with FND.

SA FND TOOLKIT

A practical resource developed from a South African patient perspective and made available to healthcare professionals.

COLLABORATION

Guest speaking | Patient-led discussions | Peer support | Resource sharing



Connect Today!
+27 76 291 3442

Cape Town
South Africa



www.fndwhatnow.com



fndwhatnow@gmail.com

