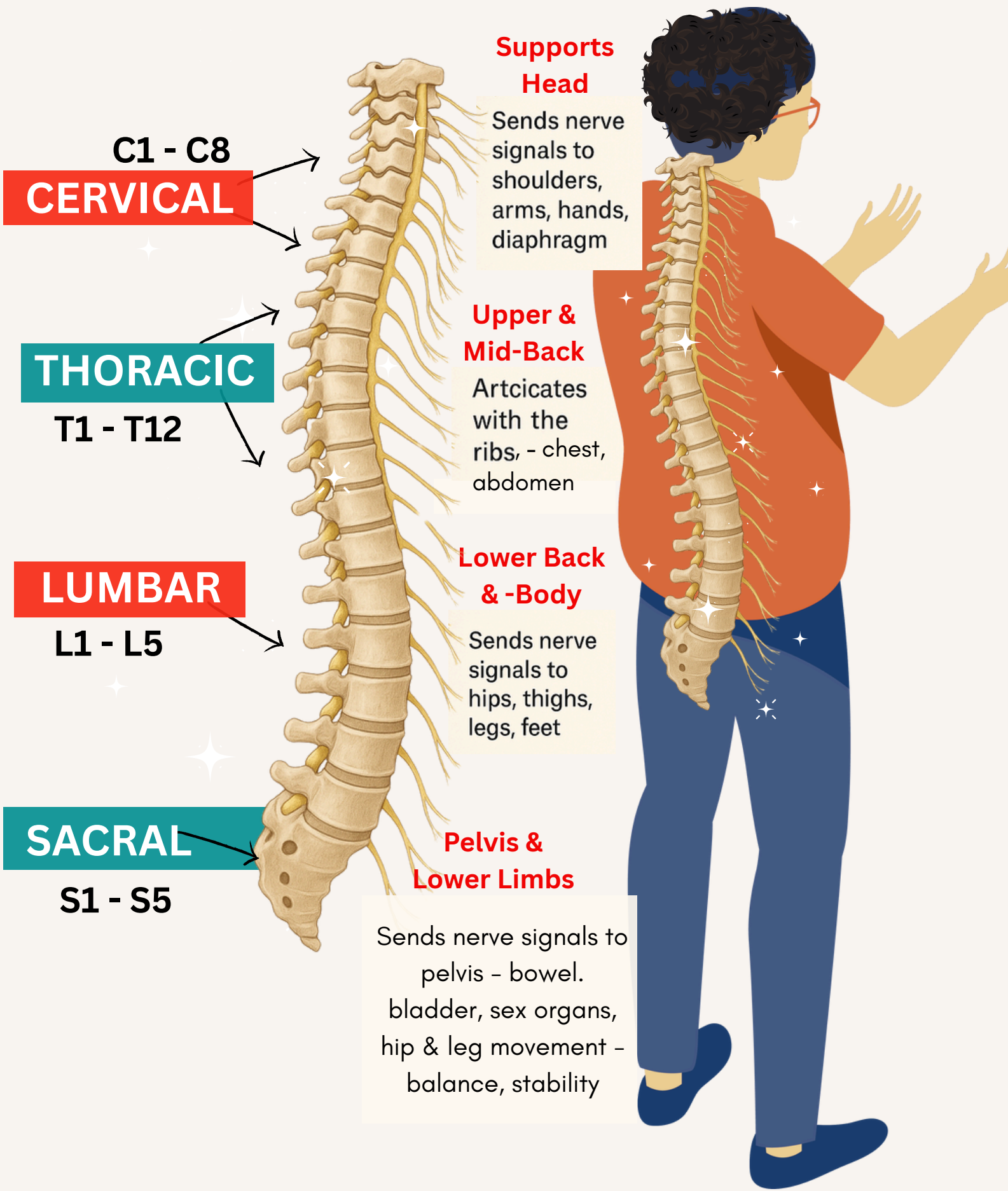


Your Nervous System & FND



Living with FND can be really tough — symptoms are real and often frightening, yet they don't always show up on medical tests. That can leave many people feeling confused or even dismissed. But there is hope. **When we start to understand that FND is the result of the brain and nervous system miscommunicating, it helps us make sense of what our bodies are doing.**



This understanding is an **important first step** on the journey toward diagnosis, treatment, and finding strategies to cope and heal.